

# HOW DO I SIGN UP?

## Walnut Creek Upward Basketball and Cheer

900 64th Street  
Des Moines, IA 50324

Register Online: [desmoinesupward.org](http://desmoinesupward.org)  
or bring registration form to sign-up/evaluations, or mail it to the above address.

### REGISTRATION INFORMATION:

The registration cost per child for **basketball** is **\$68**.  
The registration cost per child for **cheerleading** is **\$68**.  
Basketball shorts are **optional** at a cost of **\$15**.  
Cheerleading mock turtlenecks are **optional** at a cost of **\$15**.  
Please make checks payable to **Upward**.  
Registration is open for age 5 through 8th grade (basketball)  
and age 5 through 6th grade (cheerleading).  
REGISTER EARLY, SOME DIVISIONS WILL FILL QUICKLY.

### SIGN - UPS/EVALUATIONS:

Everyone **must** attend one basketball evaluation or cheerleading orientation. All evaluations take 20 to 30 minutes to complete. They will take place as follows:

**Saturday, November 12**, between 9:00 a.m. and 12:00 p.m.  
at Meredith Middle School (4827 Madison Ave.)

**Tuesday, November 15**, between 6:00 p.m. and 8:00 p.m.  
at Capital View Elementary (320 E. 16th St.)

**Saturday, November 19**, between 9:00 a.m. and 12:00 p.m.  
at The Downtown Church (323 E. Walnut St.)

**Thursday, December 1**, between 5:00 p.m. and 8:00 p.m.  
at The Downtown Church (323 E. Walnut St.)

**Saturday, December 3**, between 9:00 a.m. and 12:00 p.m.  
at Walnut Creek Community Church (900 64th St.)

### LEAGUE SCHEDULE:

Practices begin the week of **Monday, January 9, 2012**.  
First Game - **Saturday, January 21, 2012**  
Awards Celebration - **Sunday, March 18, 2012**

### FOR MORE INFORMATION:

**Dave Rude** [www.desmoinesupward.org](http://www.desmoinesupward.org)  
**865-6181** [dave@desmoinesupward.org](mailto:dave@desmoinesupward.org)



# 11/12

## UPWARD BASKETBALL AND CHEERLEADING REGISTRATION FORM

### PARTICIPANT CONTACT INFO:

I AM REGISTERING MY CHILD FOR: BASKETBALL  CHEERLEADING

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_ Gender \_\_\_\_\_ Grade (11-12 school year) \_\_\_\_\_

Address \_\_\_\_\_ Date of Birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Month Day Year

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ Parent's Cell ( ) \_\_\_\_\_

Father/Guardian Email \_\_\_\_\_

Mother/Guardian Email \_\_\_\_\_

Church (If you regularly attend church, which one?) \_\_\_\_\_  
(other player must also list your child as their carpool link)

Participant Information Notes (if any) \_\_\_\_\_

Would you be willing to coach your child's team?  
 Yes  No

If yes, please print your name: \_\_\_\_\_

Carpool Link (only same age/grade and gender) \_\_\_\_\_

How many years has your child played organized basketball? \_\_\_\_\_

If applicable, circle **ONE** night your child **CANNOT** practice. **MON TUE WED THU FRI**

### SIZING: (COMPLETED AT EVALUATIONS/ORIENTATIONS)

Basketball Jersey/Cheer Top Size (circle one):  
**YXS YS YM YL YXL/AS AM AL AXL A2X**

Basketball Shorts Size (optional circle one):  
**YXS YS YM YL YXL/AS AM AL AXL A2X**

Cheer Skort Size (circle one):  
**YXS YS YM YL YXL/AS AM AL AXL A2X**

Cheer Mock Turtleneck Size (optional circle one):  
**YXS YS YM YL YXL/AS AM AL AXL A2X**

### EVALUATIONS: (COACHES USE ONLY)

Lane Shooting \_\_\_\_\_ Defensive Slide \_\_\_\_\_

Right-Side Shot \_\_\_\_\_ Right Hand Dribble \_\_\_\_\_

Left-Side Shot \_\_\_\_\_ Left Hand Dribble \_\_\_\_\_

Height - in inches \_\_\_\_\_

### PAYMENT:

Participant Fee : \$ \_\_\_\_\_ + Shorts : \$ \_\_\_\_\_ + Turtlenecks : \$ \_\_\_\_\_ = Total : \$ \_\_\_\_\_

### OFFICE USE ONLY

PAID	<input type="checkbox"/>	PAYMENT TYPE	<input type="checkbox"/>	AMOUNT	<input type="checkbox"/>
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This is not a School District publication, nor is it in any way endorsed or sponsored by the district. This publication is being provided only to inform you of other community activities and opportunities.

### PLEASE BE SURE TO FILL OUT STEPS 1-5

#### PARENT/GUARDIAN INFORMATION:

**1** Father/Guardian  
Work Phone ( ) \_\_\_\_\_  
I would like to assist this league by being a:  COACH  REFEREE  TEAM PARENT

**2** Mother/Guardian  
Work Phone ( ) \_\_\_\_\_  
I would like to assist this league by being a:  COACH  REFEREE  TEAM PARENT

**3** Emergency Contact  
Daytime Phone ( ) \_\_\_\_\_  
Evening Phone ( ) \_\_\_\_\_

For a larger print version of these terms and conditions please visit [www.upward.org/largerfont](http://www.upward.org/largerfont)

#### PLEASE READ CAREFULLY AND SIGN BELOW TO INDICATE YOUR AGREEMENT.

#### NOTE: THIS FORM INCLUDES A RELEASE OF LIABILITY.

Please review and complete the sections below and sign in the space provided to indicate your agreement with all statements made in such sections.

#### AUTHORIZATION AND RELEASE OF LIABILITY

I, the parent or guardian of the above-named child, authorize the participation of my child in the Upward Unlimited (also doing business as "Upward Sports") athletic program (the "Program") of the above-named Church. My child will participate in the Upward sport denoted on this brochure.

I understand that this Program is a nonprofit Christian sports ministry program for youth and that my child's participation is voluntary and not essential to completion of requirements of any program, school or government agency. I understand that the Program is conducted by the Church and its volunteers and staff, including parents of other participating children. I also understand that the Church is solely responsible for all aspects of the Program including selection and supervision of all persons conducting the Program, and that Upward Sports is not responsible for the Program or selecting and supervising persons conducting the Program. I further understand and agree that my child's participation in athletic and other activities of the Program necessarily involves the risk of injury and even death from various causes, including but not limited to accidents, falls, strenuous and prolonged physical activity, dehydration, illness, collision or dispute with other participants, weather related injuries, playing area and equipment defects, and negligence of coaches and referees. On behalf of my child, me, and my family, I assume these risks. In consideration of the privilege of my child's participation in the Program, and on behalf of my child and me as parent/guardian, I hereby release, discharge, hold harmless and indemnify, and covenant not to sue, the Church and Upward Sports, and all of the Church's and Upward Sports' directors, officers, elders, trustees, deacons, employees, volunteers, insurers, agents and representatives, and all other persons associated with the Program (including without limitation any other participating churches, sponsors, parents, vendors, coaches and other game and event workers, officials, drivers, and organizations) as to any and all claims of my child, me and other family members for personal injuries suffered by my child, property damage, medical expenses, and economic loss arising directly or indirectly out of my child's participation in the Program, and any first aid, medical care or treatment provided to my child in the event my child is injured or becomes ill while participating in Program activities, and excepting claims that may not be released under applicable law. This Release of Liability shall be as broadly construed as allowed by law to include all claims and rights that the child, that I as parent/guardian, and that other family members may have. I am a legally responsible parent or guardian of my child. If any provision of this Release of Liability is deemed invalid, the remaining provisions shall remain in full force and effect. This Release of Liability shall be binding on me, my family, heirs, next of kin, legal representatives, beneficiaries, successors and assigns I hereby authorize the Church and Upward Sports to use, reproduce, distribute, display, and to license others to use, reproduce, distribute, and display, my child's image, and photograph, as well as any video, digital, or audio recording or reproduction, in connection with external and internal communications of the Church and Upward Sports for the sole purpose of advancing Upward Sports programs. By providing your email address, you agree to be included in occasional surveys from Upward Sports at which time you will have the opportunity to unsubscribe.

#### MEDICAL CONDITIONS

In the event my child is injured or becomes ill in Program activities, I agree that my child is healthy and able to participate in the Program activities.

I understand that the Church or its representatives may request health information concerning my child and/or ask my child to undergo a medical exam. If the Church determines that my child does have a physical or mental condition that may affect his/her ability to safely and appropriately participate in Program activities, the Church may determine that my child cannot be permitted to participate. I understand and agree that, while the Church desires that all children will be able to participate, such decisions may have to be made out of concern for the best interests of my child and other participants.

#### CONSENT TO MEDICAL TREATMENT

In the event my child is injured or becomes ill in Program activities, and if I, the parent or guardian of the above-named child, am not present to make medical decisions, I hereby authorize the Church, its staff, volunteers including volunteer parent participants, coaches, assistant coaches, and referees, supervisors and drivers, to arrange for and consent on my behalf to emergency medical and dental care and treatment, including tests and radiological exams, and surgery, and hospital care and treatment, and to consent to medications for pain and other conditions as prescribed by medical personnel attending my child. I am responsible for payment of any medical charges or expenses not covered by my insurance or the insurance applicable to my child (if any). My signature below indicates that all information provided in this form is true and accurate, and that I fully agree to all statements made on the form, including but not limited to the Authorization and Release of Liability, Medical Conditions, and Consent to Medical Treatment. Each responsible parent/guardian should sign.

**4** Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Printed Name: \_\_\_\_\_  
Signature: \_\_\_\_\_  
Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

**5** If only one parent/guardian signs this form, the following must also be signed:

I affirm that this form was signed by only one parent/guardian because (1) I am the sole parent/guardian responsible for the care and custody of the child due to death or incapacity of the other parent/guardian or court order, or (2) I have made a good faith effort to obtain the signature from the other parent/guardian but have not been able to do so due to causes beyond my control, and I am not aware of any reason that the other parent/guardian objects to the child's participation in the Program.

Signature: \_\_\_\_\_  
Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_  
BRC32803 \_\_\_\_\_ UPW32259 \_\_\_\_\_

Cut here and keep